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|  | **Ingredients** | | **step** |
| **Crispy Turkey Salad** | * 4 cups mixed salad greens * 1/2 medium tomato, sliced * 3 oz sliced turkey breast, cut into 1/2-inch strips * 2 oz crimini mushrooms, sliced * 1 TBS [blue cheese dressing](http://www.whfoods.com/genpage.php?tname=recipe&dbid=265) | Top salad greens with rest of ingredients and top with blue cheese dressing (or your favorite vinaigrette). **Serves 1**. | |